COVID-19 Self-Swab Collection Kit

On-site Instructions for Massachusetts Institute of Technology

Checklist before returning your kit:

☐ Did you activate your kit?

☐ Did you collect a sample from both nostrils?

Visit covidapps.mit.edu/testing to learn more.

Questions?

Visit covidapps.mit.edu/testing or contact us at covidapps-help@mit.edu.

This product has not been FDA cleared or approved, but has been authorized for emergency use by FDA under EUA;

This product has been authorized only for the home collection and maintenance of anterior nasal swab specimens for SARS-CoV-2, not for any other viruses or pathogens; and,

The emergency use of this product is only authorized for the duration of the declaration that circumstances exist justifying the authorization of emergency use of medical devices under section 564(b)(1) of the Federal Food, Drug and Cosmetic Act, 21 U.S.C. § 360bbb-3(b)(1), unless the declaration is terminated or authorization is revoked sooner.

Before you get started:

• Your sample must be dropped off on the same day you collect it.

• Make sure there is a collection today. Refer to your program details if you’re not sure where to return your sample.

• Don’t miss the last pickup. Refer to your program details for pickup times.

• Make sure you wash your hands!

• Please read instructions carefully and follow directions step by step.

• If you are under 18 years old and collecting your own sample, please ask a parent or guardian to read the instructions and help with returning your kit.

• The soft tip of the swab should ONLY go inside your nose. Do not let it touch anything else. If the swab touches any other surface, request a new kit.

Questions?

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14 years and older (self-collected under adult supervision), or 2 years and older (collected with adult assistance).
Your kit includes:

- Swab
- Collection tube
- Barcode card
- Instructions for use
- Biohazard bag

1. **Activate your kit with the MIT Atlas app.** You need your unique barcode, which you'll find on your collection tube.

2. **Before collecting your sample, wash your hands thoroughly for 20 seconds and dry them well.**

3. **Open the swab package.** Starting from the handle end of the swab package, peel open the paper backing. Pull swab out of its packaging by the handle.
   - **Note:** Do not touch the soft tip with your hands or lay it down on any surface.

4. **Remove the cap of the collection tube.** Keep the cap and collection tube nearby.

5. **Rotate swab tip in first nostril, 4 times.** Insert the soft tip into one nostril, until it is no longer visible. Using medium pressure against the inside of your nostril the whole time, rub the swab in a large circular motion at least 4 times.
   - **Note:** Insert less than 1 inch into the nostril for adults and less than 1/2 an inch for younger children.

6. **Rotate swab tip in other nostril, 4 times.** Repeat the previous step in the second nostril, using the same end of the swab.
   - **Note:** You will use the same swab for both nostrils.

7. **Put swab into the collection tube.** The soft tip of the swab that went into your nose should go into the tube first.

8. **Press the cap of the collection tube firmly closed.** You’re almost done! Make sure the top is closed tightly.
   - **Note:** After closing the collection tube, wash your hands thoroughly for 20 seconds and dry them well.

9. **Put collection tube into the biohazard bag.** Seal the bag closed.

10. **Bring the biohazard bag to your designated test collection point.** Refer to your program details if you’re not sure where to return your sample.
    - **Note:** Don’t miss the last pickup time.